

WEEKLY CLASS SCHEDULE

alvarezfamilyboxing.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7AM Women's Weight Lifting	6AM-1PM OPEN GYM	6AM-1PM OPEN GYM	6AM-1PM OPEN GYM	6AM-1PM OPEN GYM	6AM-1PM OPEN GYM	
8:30AM Group Boxing	6AM Boxing Bootcamp		6AM Boxing Bootcamp		6AM Boxing Bootcamp	8:30AM Group Boxing
10AM-1PM OPEN GYM	10AM Group Boxing		10AM Group Boxing			10AM Kid's Boxing (5-8y/o)
		4PM-7PM OPEN GYM		4PM-7PM OPEN GYM		11AM-1PM OPEN GYM
	4PM-7PM OPEN GYM	5PM Kid's Boxing (8-12y/o)	4PM-7PM OPEN GYM	5PM Barbell Fundamentals w/ Jimmy		11AM Barbell Fundamentals w/ Jimmy
	6PM Women's Boxing	6PM Boxing Fundamentals	6PM Women's Boxing	6PM Boxing Fundamentals		
	7PM Group Boxing 8PM Fighter Conditioning	7PM Group Boxing 8PM Fighter Conditioning	7PM Group Boxing 8PM Fighter Conditioning	7PM Group Boxing 8PM Fighter Conditioning		



ALVAREZ FAMILY BOXING

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Drop-In Packages

1 visit, \$25
5 visits, \$100 (\$20 per visit)
10 visits, \$180 (\$18 per visit)

****Drop-in packages have 90 day expiration****

Unlimited Monthly

Auto-Renew
\$225 per month

****No commitment:**
month-to-month auto renews
monthly until canceled**

**SIGN UP
ONLINE:**

